



Fondation
GRACE DART
Foundation



**ANNUAL
REPORT**



**2019
2020**

The Grace Dart Foundation Annual Report 2019-2020

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The Foundation at a Glance

In 2019-2020, more than **\$3.2 Million** was donated to **44** organizations in the Greater Montreal area that serve the elderly including **8** long-term care facilities.

28,659 people were helped through the Foundation's support*.

238,900 dollars donated to long-term care centres. (CHSLD) of the Montreal West Island Integrated University Health and Social Services Center (IUHSSC) - commonly known as CIUSSS.

4,258.31 square kilometres area covered by the Foundation. Greater Montreal is the most populous metropolitan area in Quebec and the second most populous in Canada after the Greater Toronto Area (GTA).¹

323,660 Montrealers aged 65 or over. By 2036, this figure will increase by almost 45% and will affect mostly eastern and westernmost parts of the island.²

\$250,000 Donation for Pandemic Response

In addition the Foundation was proactive in helping the elderly with the delivery of **25,000** cloth masks (value **\$100,000**) & **\$150,000** for COVID-19 Greatest Needs made to the Montreal West Island Integrated University Health and Social Services Centre (MWI IUHSSC) - *commonly known as CIUSSS*

*estimation based on the long-term care facilities occupancy and number of clients of non-profits and foundations

¹ Santé Montréal 2015

² Santé Montréal 2016

Our Mission - Vision - Values

OUR MISSION

The Grace Dart Foundation, continuing over 150 years of history, provides **Love and Care** to the Grace Dart Community in Greater Montreal by supporting a warm and personal living environment for the well-being of the elderly.

OUR VISION

We wish to bring **Love and Care** to as many elderly people as possible in residential and long-term care centres (CHSLD) and to support non-profit organizations that contribute to the well-being of the elderly in the Greater Montreal area.

OUR VALUES

RESPECT

To recognize the intrinsic value of each person we help, because every resident of a long-term care facility and elderly person in our society deserves to be valued.

DIGNITY

To treat our elderly by offering help and special attention in their everyday lives in the manner which they deserve to be treated as important members of our community.

KINDNESS

The manner in which we approach our elderly population guides the actions of the Grace Dart Foundation. Our work embodies our motto: **Love and Care**.

Areas of Giving

BASIC NEEDS



Donations covering basic needs include clothing, shoes and toiletries. It may include requests for assistance in creating a place or system to distribute basic amenities. For example, the creation of a system to distribute second-hand clothing to residents. Food banks and housing assistance programs are also considered under basic needs.

LONELINESS AND ISOLATION



Donations designed to meet the needs of people in isolation are aimed at those who have physical or psychological problems and are unable to leave their rooms in institutions or their homes. Music therapy, pet therapy, support programs and specific volunteer activities are designed to help lessen the feelings of loneliness and isolation.

SOCIALIZATION AND PERSONAL DEVELOPMENT



Donations to a group activity designed to foster discussion, creativity, and involvement in their environment through the enjoyment of a special activity or a cultural event. For the elderly living at home this could include fun activities that ease loneliness or creative programs that help people get involved and contribute to their community.

COGNITIVE DISORDERS



Donations to programs that include activities and tools used to aid people suffering from cognitive disorders such as Alzheimers, stroke, etc.

LIVING ENVIRONMENT



Donations that help create an environment where people feel at home while being part of a community. These may include programs that support a warm, personalized living environment, that promotes autonomy, respect, dignity, intimacy, identity, self-determination, quality of life, consistency, and safety, self-esteem, maintaining meaningful ties and adapted care and services.

History

In 2004 the foundation was renamed the Grace Dart Foundation. It has its roots in part in two of Montreal's east end institutions: the Montreal Protestant Home, at the end of St. Catherine Street East, and the Grace Dart Hospital on Sherbrooke Street East.

To study the evolution of the Grace Dart Foundation is to become immersed in the historical growth of two Montreal charities. It all began in 1863 with the creation of the Montreal Protestant House of Industry and Refuge. Brothers William and Thomas Molson, along with John Redpath, William Workman, William Murray and other influential Montrealers of the time joined forces to provide food, clothing and shelter to Montreal's poorest.

In the early 1900s, Henry Dart, a Montreal pharmacist, founded the Grace Dart Hospital in honour of his daughter Grace, who had died of tuberculosis. The hospital's mission was to help poor people suffering from that disease.

Throughout the 1990s the Grace Dart Hospital Foundation and the Montreal Protestant Homes Foundation continued to target funds to help their respective centres. However, it was becoming clear that having separate foundations

supporting separate centres meant that much effort was duplicated. The two centres were formally merged in 1999, and the strongest argument for unifying the two foundations was to create a focused environment with one board carrying out a clear mandate.

In 2015, with the adoption of Bill 10, the Foundation realized that it was the only independent body with the mandate and capacity to implement the vision that had been established over a century and half earlier by its founders. The Grace Dart Foundation had become the principal custodian of the Grace Dart values and identity.

Today the Foundation's mission continues to ensure the wellbeing of the elderly in the Greater Montreal area. To meet this objective, the Foundation is establishing new offices on Greene Avenue in Westmount. Centrally located and able to serve not only long-term care facilities like the Grace Dart Centre and St-Anne's Hospital, but also programs and services that benefit the elderly in all areas of the city. This is the beginning of a new and exciting chapter for this storied foundation.

Excerpts from: *The Grace Dart, Love and Care Over 150 years*, by Gary Aitken, revised and with additions by Roderick MacLeod. 2019.

1863

Creation of Montreal Protestant House of Industry and Refuge



1907

Founding of Grace Dart Hospital



1999

Merger



2004

Renaming: The Grace Dart Foundation



Message from the President



This has been a momentous year of transition and adaptation at the Grace Dart Foundation. Since my beginning with the Foundation as Gala Chair for its 150th celebration in 2013 and then stepping into the role of President and Chair of the Board of Directors in 2015, I have had the immense privilege of overseeing, with my fellow Board members, an important period of challenge and renewal for the Foundation.

The Foundation is anchored in its commitment and service to its five areas of giving: basic needs, loneliness and isolation, socialization and personal development, cognitive disorders, and living environment. These areas guide our giving and choice of donation recipients. I'm particularly proud of this year's recipients who have together a distinguished history of supporting the elder community of Montreal.

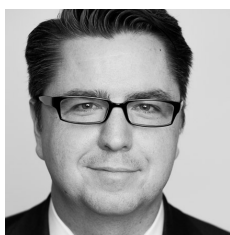
As we chart the way forward, the Foundation's members of the Board of Directors understand that our work is to support our elderly with Love and Care and also through innovative approaches that care for them in a changing world, given the COVID-19 pandemic in which we are currently living.

With an eye on the future, all the while being mindful of the contributions of those who have written the Foundation's success story, we are moving to a more central location on Greene Avenue in Westmount. In 2020, we undertook an unprecedented effort to renew our giving and expand our reach into communities across the island previously not served by our funding. We donated over \$3 million to help the elderly in Greater Montreal by supporting organizations that help the homeless, the impoverished, and the isolated with innovative programs and new ways of thinking to reach out to our community. We salute their efforts and will continue to support them.

And finally, it takes a team of people to run this organization, such as the Foundation's staff, board members and corporation, many of whom put countless hours and energy to deliver on our mission. Furthermore, the Foundation saw the publication of the book *The Grace Dart, Love and care, Over 150 years* and I would like to recognize the dedication of the writers Gary Aitken (1941-2015) a past President of the Foundation and with additions by Roderick MacLeod. Thank you to John Ayles and Richard Carreau for the production and Elisa-Line Montigny for the translation. This achievement would not have been possible without the extreme dedication of the Book Committee; Pamela Georges (Chair), Valerie Aitken, John Brkich, Moira Edwards, Alphonse Giard, Aldo Sylvestre and David Wayland.

We have great plans for 2020 - 2021 and I look forward to working with you to improve and support the elderly in our community.

Board of Directors



ELISE NESBITT, CHAIR
JAWAID KHAN, VICE-CHAIR
GEOFFREY GOODMAN, TREASURER
MARTINE FRADET, SECRETARY

ALAIN FILION
RONALD KAULBACH
MICHAEL MARTIN
GUYLAINE MORIN
CHRISTOPHER PALIN
PETER REID
ALDO SYLVESTRE

Testimonials

OLD BREWERY MISSION

The Old Brewery Mission received \$500,000 to help in its mission to care for the elderly homeless of Montreal. Their program La Traversée, launched in 2015, is designed to meet the specific needs of homeless seniors. Homeless people aged 50 and over now have access to housing in a warm and friendly community environment that offers support, stability, peace and quiet.



“Thanks to the Grace Dart Foundation’s extraordinary gift, previously homeless men and women are receiving the help they need to not only age in dignity, but take part in their community. Especially now, in these uncertain times, we are most grateful to you and the meaningful opportunities your generosity provides. It allows us to affect real social change, and to provide a warm, safe living environment for elderly people who would otherwise have no place to go.”

- Matthew Pearce, President and CEO, Old Brewery Mission

ABOUT OLD BREWERY MISSION working with Montreal’s homeless men and women, meeting their essential needs while finding practical and sustainable solutions to end chronic homelessness.

DR. CLOWN FOUNDATION

The Dr. Clown organization received \$100,000 toward its work with helping the elderly cope with their condition through humour and socialization.



“Thanks to the Grace Dart Foundation, we have been able to significantly increase the number of institutions that we visit and the number of days that we can dedicate to them. During the pandemic, this donation has allowed us to establish virtual visits, provide video production and outdoor visits in order to continue to bring joy and happiness to the elderly.”

- Melissa Holland, Co-Founder, Therapeutic Clown and Development Agent, Dr. Clown Foundation

ABOUT DR. CLOWN FOUNDATION bringing joy to the most vulnerable people in our community. Since 2002, the Dr. Clown Foundation has been developing its personal relationship approach that is focused on improving the quality of life of hospitalized children, students in specialized schools, hospitalized patients of all ages and seniors in care facilities.

NOVA MONTRÉAL

NOVA Montréal received \$460,000 for programs offering in-home respite and support to caregivers of seniors living with chronic illnesses and in frail health.



“More than ever we are seeing the value of nursing and support care for seniors in the comfort of their own homes. Our thanks to the Grace Dart Foundation for giving us the opportunity to help even more seniors in their own homes by providing them with compassionate, quality care. We are honoured to be able to accomplish this mission because of their tremendous support.”

- Patrice Geairon, Executive Director, NOVA Montréal

ABOUT NOVA MONTRÉAL a community based, not for profit organization whose mission is to provide compassionate, high quality, personalized, in-home care to people who are ill or nearing the end of life and families who support them.

LITTLE BROTHERS FOUNDATION

The Little Brothers Foundation received \$442,875 toward its work with the elderly and isolation.



“With generous support from the Grace Dart Foundation we’ve been able to offer adapted comforting support to seniors from the English-speaking and immigrant community. Thanks to our large team of volunteers, our experience with senior citizens, and the Grace Dart Foundation’s in-depth knowledge of these communities, we can together break the pattern of isolation that too many elderly experience. We are equally happy and proud of the promising alliance that is taking shape as a result of this partnership. Thank you!”

- Caroline Sauriol, Executive Director, Little Brothers Foundation

ABOUT LITTLE BROTHERS drawing on 56 years of experience working with lonely seniors aged 75 and older, Little Brothers is committed to making the social isolation of the elderly a thing of the past and sharing special moments of love, joy and tenderness to make them feel alive and important until the very end. Over the years, nearly 8,500 elderly women and men have had life-changing experiences with Little Brothers, knowing that they matter and that they will have someone to turn to throughout their twilight years.

Testimonials

GRACIA FOUNDATION

The Gracia Fondation received \$225,476 to help with the care for the elderly in a long-term care centre. Specifically the funds were used for communication tools.

“The unprecedented circumstances to which we had to adapt over the past few months came with its share of uncertainty and challenges. We are truly thankful for the help and support the Grace Dart Foundation has given us in order to improve our residents’ situation. Your contribution brought a lot of reassurance and joy to our residents at a time many of them were struggling with the mandatory isolation. Thanks to your financial assistance, we were able, amongst other things, to buy and distribute over 20 iPads in our facilities, giving our residents a chance to reconnect with and see their loved ones. On behalf of our long-term care residents and their families who have benefited from your generosity, we would like to express our deepest gratitude.”

- Marie-Claude Sauvé, Executive director, The Gracia Foundation



ABOUT GRACIA FOUNDATION dedicated to improving the quality of life of residents in long-term care as well as active support for people in palliative care, for the entire community of Bordeaux-Cartierville – Saint-Laurent.

IUHSSC WEST ISLAND

The Integrated University Health and Social Services Centre (IUHSSC) of the West Island - *commonly known as CIUSSS* - which includes Residential and Long-Term Care Centres (CHSLDs) received over \$500,000 to help support health services for the elderly and to help meet COVID-19 Greatest Needs.

The Grace Dart Foundation is a distinguished partner of the Montreal West Island IUHSSC in offering services for the well-being of our residents. The love and generosity you consistently offer them is what they need most, especially in these difficult times. I value our partnership and am truly grateful for all that you do for our older citizens.

- Ms. Lynne McVey, President and CEO, IUHSSC West Island



ABOUT IUHSSC WEST ISLAND responsible for ensuring the delivery of healthcare services to the population in its health and social service territory, oversees the organization of services and complimentary services in its territory as part of its multiple missions and enters into agreements with other facilities and partner organizations of the Réseau Territorial de Services (university hospitals, medical clinics, family medicine groups, network clinics, community agencies, community pharmacies, external partners, etc.).

MC GILL DEMENTIA EDUCATION PROGRAM

McGill Dementia Education Program hosted at the Steinberg Centre for Simulation and Interactive Learning received \$250,000 to fund the publication of a multi-lingual booklet about dementia and education workshops, to support caregivers dealing with Alzheimer's disease.

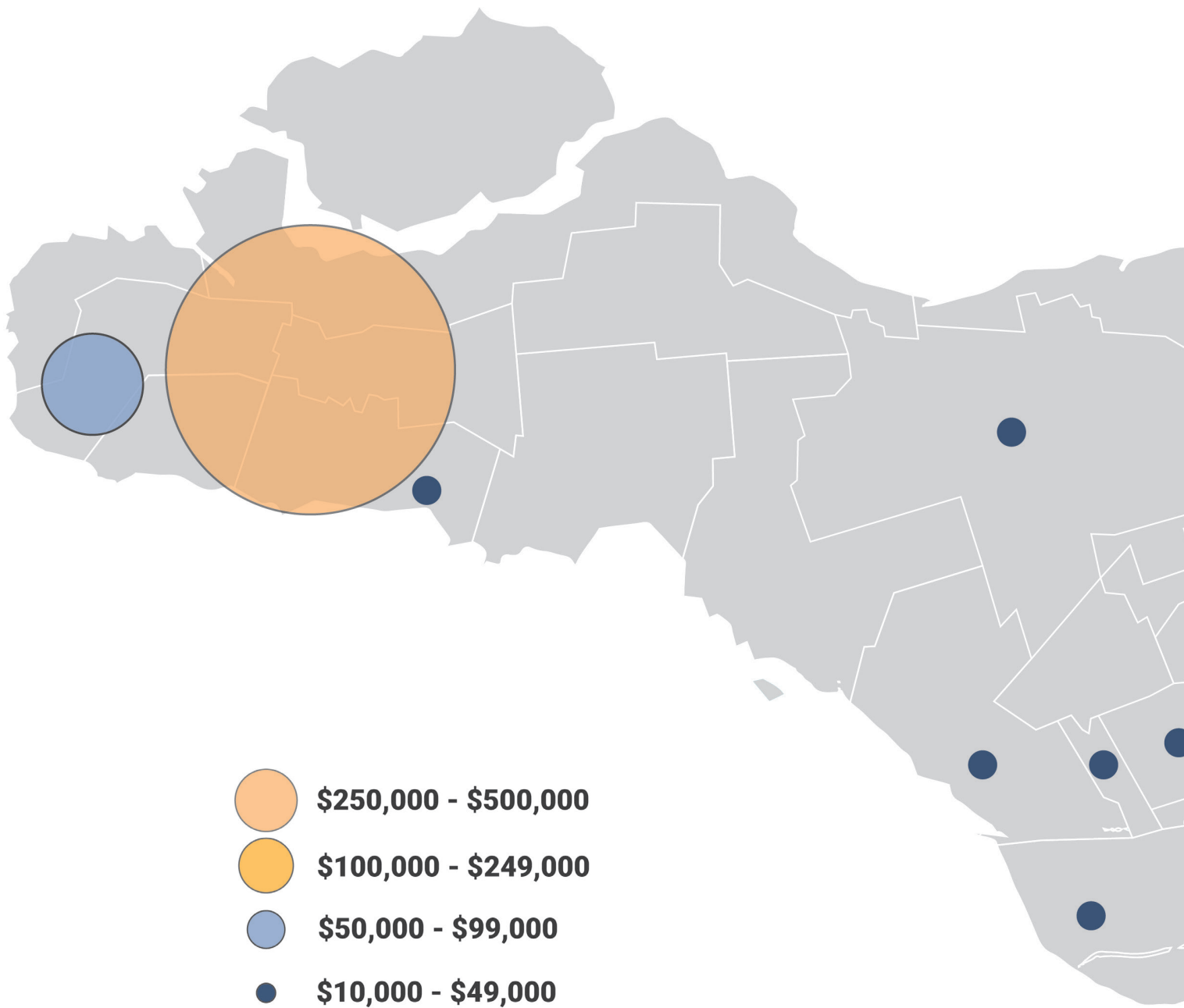
"Thanks to the generous donation made by the Grace Dart Foundation, the McGill Dementia Education Program has partnered with the MUHC Patient Education Office in order to develop the first ever "Dementia Education Booklet for Persons with Dementia and their Caregiver" that will be distributed to patients and family members throughout the MUHC hospital system providing them with a thorough understanding on dementia and best care practices. This "prescription of care" will be translated in multiple languages and will be available online in addition to print copies. We are extremely grateful to the Grace Dart Foundation for contributing towards this very important educational tool that will have a significant impact on the lives of so many individuals."

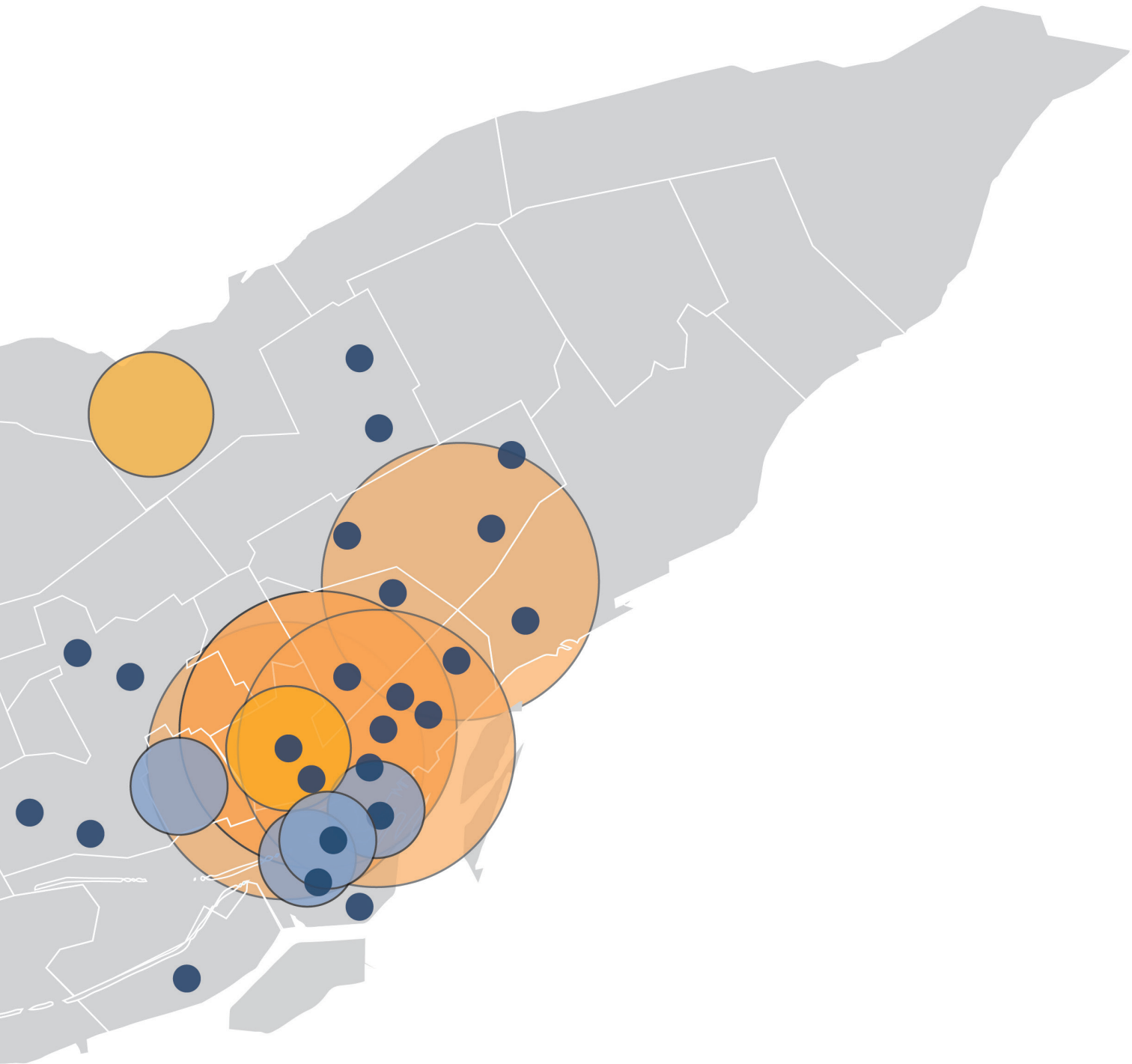
- Claire Webster, Founder, McGill University Dementia Education Program



ABOUT THE MCGILL DEMENTIA EDUCATION PROGRAM providing community workshops which aim to educate and support family caregivers who are looking after a loved one with Alzheimer's disease or other dementia-related illnesses.

Impact of our Donations





Our Community

\$250,000 - \$500,000

Integrated University Health and Social Services Centres (IUHSSC) West Island
Little Brothers Foundation
McGill Dementia Education Program
NOVA Montreal
Old Brewery Mission

\$100,000 - \$249,000

Association Lavalloise des personnes Aidantes (ALPA)
Dr. Clown Foundation
Gracia Foundation

\$50,000 - \$99,000

Almage Senior Citizen Centre
Atwater Library
La SAMS
Partage humanitaire
PAS de la rue
Women's Y Foundation

\$10,000 - \$49,000

Acte D'Amour
Alzheimer Society of Montréal
Carrefour Communautaire Montrose
Centre communautaire Petite-Côte (CCPC)
Centre SCAMA
Chez Doris
Fondation Accueil Bonneau
Fondation Baluchon Alzheimer
Fulford House
Habilitas Foundation
LaSalle D&D 50+ Centre
La Maison d'Aurore - Projects: Mon HLM, territoire d'entraide and La ruche d'art des aînés

\$10,000 - \$49,000 continued

La Maison du Père
Le Rendez-vous des Aînés Community Centre
Les Aidants Naturels du Haut St-Laurent
Les Aînés de Soulanges Community Centre
Maison de Quartier Villeray
Mile-End Community Mission
New Hope Senior Citizen's Centre
N.D.G. Senior Citizens' Council
NOVA Hudson
NOVA West Island
Patro le Prévost
Société Alzheimer Rive-Sud
St. Andrew's Presbyterian Homes Foundation
The Quebec Veterans Foundation
The Teapot
Yellow Door

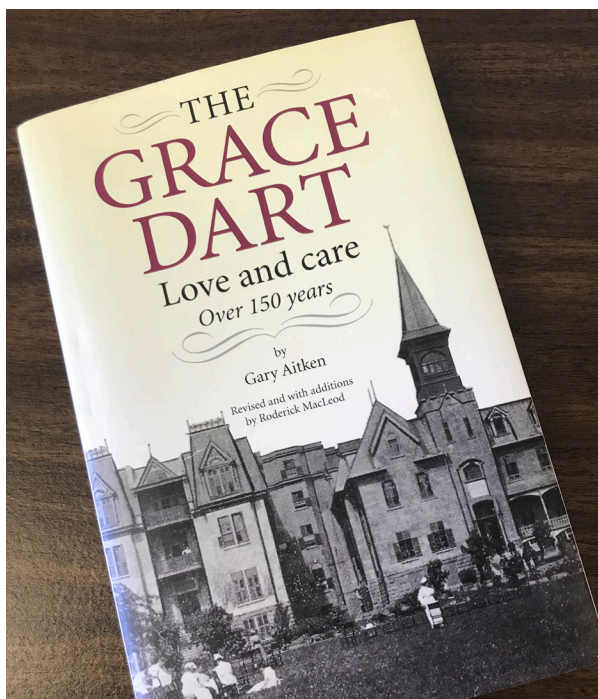
Less than \$9,000

Centre des aînés de Pointe-St-Charles
RésOlidaire



New for 2020

HISTORY BOOK



A historical book was written by long-time members and friends of the Foundation - *The Grace Dart, Love and care, Over 150 years* by Gary Aitken (1941-2015) a past President of the Foundation and revised and with additions by Roderick MacLeod. Our thanks to John Aylen, Richard Carreau, Elisa-Line Montigny, and the Book Committee: Pamela Georges (Chair), Valerie Aitken, John Brkich, Moira Edwards, Alphonse Giard, Aldo Sylvestre and David Wayland. Thank you for this precious book.

We look forward to the book launch in Q4 2020.

OFFICE RENDERING



We look forward to welcoming you to our new offices located on Greene Avenue in Westmount.

At this new location, the Foundation will network with new donors and host fundraisers, conferences, webinars and Board of Directors meetings.

It marks a turning point in the Foundation's history and we look forward to beginning this new chapter.

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